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Entertaining made easy

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10 GREAT ESCAPES

Starting to plan your next break? Don't book anything until you browse travel editor *Francesca Syz*'s roundup of the best trips to try in 2015



Jamaica BE IN IT TO WIN IT

If you're sporty (or need an incentive to be), why not take part in the Jakes Off Road Triathlon in Jamaica on 18 April 2015? Celebrating its 20th anniversary, it was voted one of the world's top five off-road triathlons by *Triathlete* magazine. A gruelling challenge in a glorious setting, it kicks off with a 500m ocean swim, followed by a 25km mountain bike ride and a 7km trail run. The event was started by Jason Henzell, the owner of hip Jamaican hideaway Jakes (left) to raise money for local, not-for-profit organisations.

HOW DO I TAKE PART? The hotel is offering a five-night Triathlon package, including a warm-up bike ride, two yoga classes, one Swedish massage and triathlon entry, from £640 each (jakeshotel.com).