

The Telegraph

Travel | Destinations

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Fred Marwer

40 of the best Caribbean holidays

When it comes to holidays in the Caribbean, the common perception is that it's all about beaches. But while it is true that the USP of many islands is palm-shaded sands lapped by a gin-clear bath-warm sea, the region offers so much more.

Choose the right destination and you can, for example, enjoy fantastic diving, snorkelling and sailing, trek through – and zip-line over – rainforests and visit fascinating sights associated with the islands' complex colonial heritage.

26. Jakes, Jamaica

It's a long (2½ hours) transfer from Montego Bay to Jakes at Treasure Beach, a fishing and farming community on Jamaica's south coast. But teenagers should love this rustic-chic property, with its informal vibe and funky look – you stay in cottages quirkily decorated with shells, coloured glass and mosaic tiles.

Dining options include jerk pizzas at Jack Sprat, and among the excursions on offer are boat trips to Pelican Bar, perched on a sandbar out to sea.



Jakes Jamaica

Booked through [Steppes Travel](#), over February half term £5,800 room only in a two-bedroom cottage.

Read the full review of Jakes

- [Beyond the beach: river rafting on Jamaica's wild waterways](#)